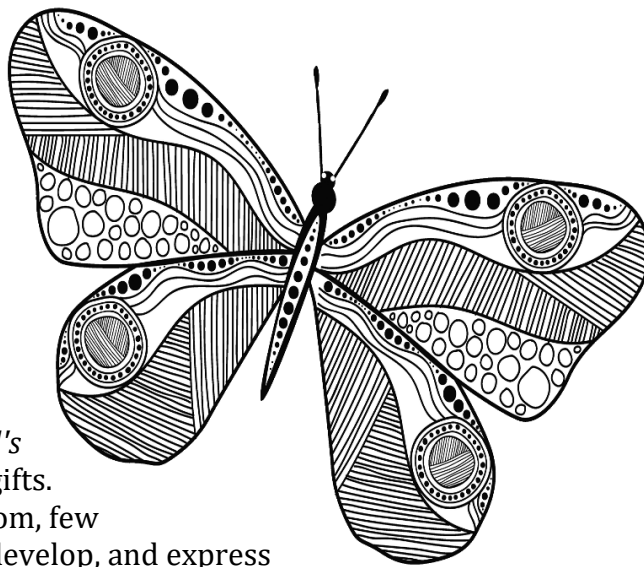


A Course in Divine Arts: *Express the Magic of Your Soul*

by Joanne Helfrich

Awaken the ancient, magical abilities within you and move through spiritual *learning* into *doing*. Through direct experience and practice, you'll discover your soul's natural intent, develop your unique Divine gifts, heal and integrate aspects of yourself, and learn to express your gifts in fulfilling, meaningful service to yourself and others.



Why this course?

Each person is born with a *unique intent*—our soul's *natural design for fulfillment*—and unique Divine gifts.

While many sources offer profound spiritual wisdom, few provide practical, personalized ways to discover, develop, and express those gifts. ***A Course in Divine Arts*** bridges that gap so that you and the world may benefit from the unique expression of your Divine gifts,

What can I expect?

Designed to be practical, flexible, and enjoyable, the course *meets you where you are* and *adapts to your interests, experience, and schedule*.

- **Self-paced and creative.** Explore the workbook independently, making it your own through writing, sketching, highlighting, coloring, and creative expression.
- **Practice-centered.** Brief readings are paired with guided exercises, assessments, meditations, and playful activities that help you learn through direct experience.
- **Community-supported.** Complete the course on your own or with one or more trusted friends. There are nine classes that include discussion questions and activities that work well for independent study, group gatherings, and whatever schedule suits you.
- **Online community.** Connect with fellow practitioners in our private Facebook group to share questions, insights, experiences, and encouragement.
- **Built for real life.** Build on your existing education, experience, interests, and spiritual path. Rather than asking you to adopt a particular belief system, the course invites you to explore, experiment, and discover what resonates with your own experience.

What makes this course different?

Rather than asking you to *transcend* earlier stages of your own personal development, this course also invites you to *heal, integrate, and build upon* them. Every stage contributes valuable strengths, perspectives, and Divine gifts. As each aspect of Self becomes more fully integrated, you will become better able to express your unique way of being the world.

The Nine Classes

Class 1 – Awaken to Your Divine Journey

Explore why humanity is rediscovering its ancient intuitive abilities, why we're called to move beyond spiritual theory into practice, and how channeling is a natural expression of your soul and unique contribution to the world.

Class 2 – Know That Love Rules

Explore Divine Love as the foundation of reality, how beliefs shape experience, and how your essence guides you towards joy and fulfillment.

Class 3 – The Sensory Self: The World Is You

Experience yourself as a vital participant in the living world, and discover how presence, wonder, and direct experience become the foundation of the Divine Arts.

Class 4 – The Magical Self: Join with Sacred Forces

Awaken imagination, intuition, symbolism, and your relationship with unseen aspects of reality as you begin to reclaim—and practice—mystical ways of knowing and doing.

Class 5 – The Ego Self: Use Your Personal Power

Support your confidence, personal agency, and authentic self-expression while helping your ego become a vital creative partner of your essence.

Class 6 – The Conventional Self: Do What's Right

Explore how moral intuition and accountability align with Divine Love, recognize true violation, transform limiting spiritual beliefs, and learn to serve others without self-denial or martyrdom.

Class 7 – The Rational Self: Make Progress with Purpose

Explore how reason and evidence expand understanding, how science and spirituality together offer a more complete view of reality, how materialism can limit fulfillment, and how aligning intellect with intuition transforms progress into purpose.

Class 8 – The Pluralistic Self: Manage Multiple Perspectives

Explore how to embrace empathy, diversity, and multiple perspectives without losing discernment, discover a new creation story that honors humanity's natural differences, and identify the families of intent that shape your gifts and your way of spirit.

Class 9 – The Integral Self: Embody an Emerging Worldview

Integrate the strengths of every stage into a most compassionate, creative, and holistic way of being, becoming a conscious participant in humanity's continuing evolution.



Joanne Helfrich is an author and channeler whose work explores consciousness, personal transformation, and continuity beyond physical life. Her groundbreaking *Afterlives* (2021) has been described as "a landmark book in the field of afterlife studies." Learn more at thewayofspirit.com or contact jo@newworldview.com.